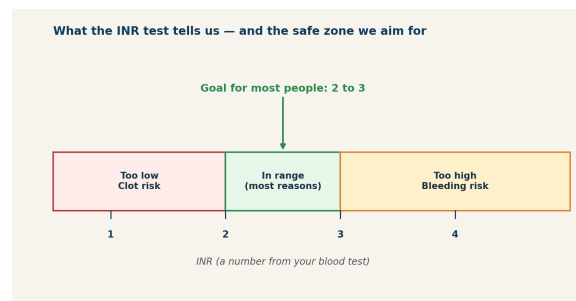


Warfarin and INR Monitoring

The classic blood thinner (Coumadin) and the simple blood test that keeps it safe

Steady greens. Regular INR checks. One number, kept in the safe zone.



Online: <https://go.riasalimd.com/warfarin-guide>

Rias KS Ali, MD FACC

Board Certified in Interventional Cardiology & Cardiovascular Disease

4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com

Last Updated: August 2026



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>

1 of 19 | Page



Save
Contact Info

Names & Terms You Will Hear

Term	Meaning
Warfarin	The generic name for the medicine. It comes as small colored pills in many strengths.
Coumadin	A common brand name for warfarin. Jantoven is another brand. They are the same drug.
Vitamin K antagonist (VKA)	How warfarin works. It blocks vitamin K, which your body needs to build several clotting factors. With less of these factors, blood clots more slowly.
INR (International Normalized Ratio)	A number from a simple blood test. It tells us how fast or slow your blood is clotting on warfarin. A higher number means thinner blood.
PT (Prothrombin Time)	The raw clotting-time test behind the INR. Labs turn the PT into the INR so the result means the same thing everywhere.
Anticoagulant	A medicine that makes blood slower to clot. It does not melt clots you already have. It stops new ones from forming and growing.
Clotting factors	Proteins that work like a team to form a clot. Warfarin lowers the four that depend on vitamin K, named factors two, seven, nine, and ten.



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>

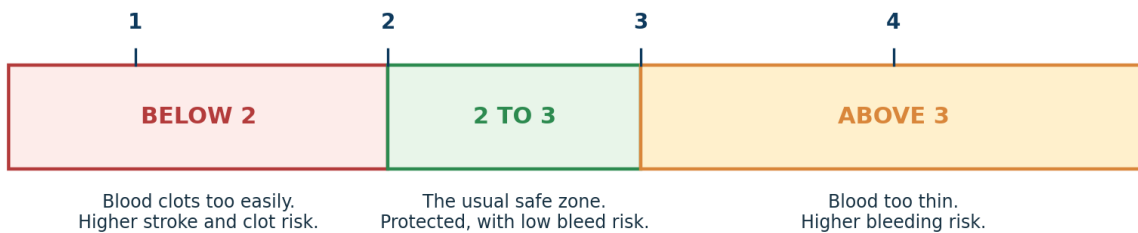


Save
Contact Info

Warfarin and INR Monitoring?

- Warfarin (Coumadin) is a blood thinner. It blocks vitamin K, so your liver makes less of the vitamin-K clotting factors. With fewer of these, your blood clots more slowly.
- Because of how it works, warfarin takes a few days to reach full effect, and a few days to wear off. It is not a quick on-off medicine.
- The right dose is different for every person. Your genes, your diet, your other medicines, and your liver all change how much you need. There is no one-size dose.
- That is why we check the INR blood test. It shows if your blood is in the safe zone. We raise or lower your dose based on the number.
- There is a simple antidote. Vitamin K can bring a high INR back down. In a serious bleed, we can reverse warfarin fast in the hospital. See our Anticoagulation Reversal guide: <https://go.riasalimd.com/anticoag-reversal-guide>.

Reading your INR: what each zone means



Your INR is one number. Below 2, blood clots too easily. From 2 to 3 is the usual safe zone. Above 3, bleeding risk climbs. We adjust your dose to keep you in the green band.



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>



Save
Contact Info

Why It Matters

- Warfarin has protected people from strokes and clots for over 70 years. It is well understood and low in cost.
- It is the one blood thinner proven safe for a mechanical (man-made) heart valve. The newer pills do NOT work for those valves and can cause clots on them.
- The safe range is narrow. Too low, and a clot or stroke can form. Too high, and dangerous bleeding can start. The INR test keeps you in the middle.
- Many things shift the INR — a new antibiotic, a big change in greens, alcohol, even a stomach bug. Regular testing catches these shifts before they cause harm.
- When warfarin is kept in range most of the time, it works very well. The goal of every visit is to keep that number steady.

INR target by reason for the blood thinner

Your situation	Usual INR goal	What it means
AFib (irregular heartbeat)	2 to 3	The standard safe zone for stroke prevention.
Clot in the leg (DVT) or lung (PE)	2 to 3	Treats the clot and prevents new ones.
Mechanical aortic valve	2 to 3	A man-made aortic valve; standard range for most.
Mechanical mitral valve	2.5 to 3.5	Set higher — this valve position needs thinner blood to stay clot-free.
A repeat clot despite a good INR	Often higher	We may raise the goal or add another medicine. We decide this with you.



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>



Save
Contact Info

Knowing Your Target Range

- For most reasons — AFib, a leg or lung clot, or a mechanical aortic valve — the goal is an INR of 2 to 3.
- For a mechanical mitral valve, the goal is set higher, about 2.5 to 3.5. That valve position needs slightly thinner blood to keep clots from forming on it.
- If you had a clot even with a good INR, we may aim a little higher or add a second medicine. We make that choice with you.
- Your target is personal. Ask us for your number and write it down. The aim is to stay in your zone most of the time.
- A result just outside your range is common and usually fixed with a small dose change — not a reason to panic.



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>



Save
Contact Info

Risk Factors

Some patients are more likely to develop this condition. Knowing your risk helps your care team take extra precautions.

Risk Factor	Why It Increases Risk
A new antibiotic or antifungal	Many antibiotics raise the INR fast and can cause bleeding. Always tell us when another doctor starts one.
A big change in leafy greens	Vitamin K in greens fights warfarin. Eating far more or far less than usual swings the INR. Keep your greens steady.
Alcohol	A sudden heavy drinking day can raise the INR and bleeding risk. Steady, light drinking is easier to manage than binges.
Other illnesses	Fever, diarrhea, or a poor appetite can change the INR. Tell us if you are sick for more than a day or two.
New supplements or herbs	Fish oil, vitamin E, ginkgo, garlic pills, and many others can add to bleeding risk. Show us every bottle you take.
Missed or doubled doses	Skipping doses lets the INR drop; taking extra raises it. Take the same dose at the same time each day.



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>



Save
Contact Info

Treatment Options

- Take warfarin once a day, at the same time — early evening is common. Pick a time you will not forget.
- Your dose may differ by day of the week (for example, one pill most days and a half pill on others). Follow the exact schedule we give you.
- Get your INR checked when we ask. New starters test every few days to weekly. Once steady, every 2 to 4 weeks, and up to every 12 weeks if very stable.
- Home INR meters (finger-stick, like a glucose meter) let some patients test at home. Ask us if you are a good fit — they suit people on warfarin long-term who test often.
- If you miss a dose and remember the same day, take it. If it is already the next day, skip it — never double up. Then tell us at your next check.
- Keep vitamin-K greens (spinach, kale, broccoli, Brussels sprouts) STEADY. Do not avoid them. A steady amount is easy to dose around.
- Carry a medical ID card or bracelet that says you take warfarin. It helps any care team treat you safely in an emergency.
- For many people with AFib or leg and lung clots, a newer pill (a DOAC) is an option that needs no INR tests. It is NOT an option for mechanical valves.



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>



Save
Contact Info

Drugs and Supplements That Interact

- Antibiotics and antifungals often raise the INR fast. Always tell us when another doctor starts one — we may check the INR sooner.
- Pain relievers matter: aspirin, ibuprofen (Advil, Motrin), and naproxen (Aleve) add to bleeding risk. Use acetaminophen (Tylenol) for pain unless we say otherwise.
- Heart medicines like amiodarone raise warfarin's effect and usually call for a lower dose. We adjust and recheck.
- Supplements count too: fish oil, vitamin E, ginkgo, garlic pills, and St. John's Wort can change bleeding risk or the INR. Show us every bottle.
- The simple rule: before any new medicine, vitamin, or herb — prescription or not — check with us or your pharmacist first.



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>



Save
Contact Info

Comfort Measures at Home (No Medication Needed)

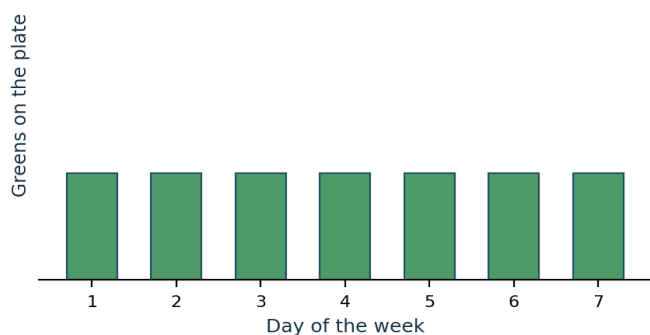
These simple steps support healing and ease symptoms. Use them alongside any medication your doctor prescribes.

- Keep a simple log of your INR results and your dose. Bring it to every visit — patterns help us fine-tune.
- Eat a steady, balanced diet. You do not need a special diet — just avoid big week-to-week swings in greens.
- Use a soft toothbrush and an electric razor to cut down on small bleeds.
- Tell every doctor, dentist, and pharmacist that you take warfarin — before any new medicine, shot, or procedure.
- Set a daily phone alarm for your dose, and use a weekly pill box so you can see if you missed one.
- Limit alcohol and keep it steady. Ask us what amount is safe for you.

Vitamin K and warfarin: keep greens steady — do not avoid them

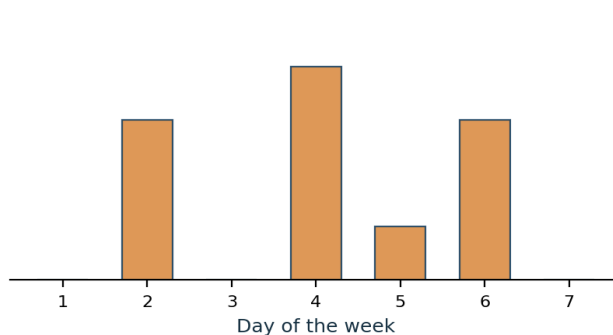
STEADY greens — what we want

*Same amount most days.
Your INR stays calm.*



SWINGING greens — what causes trouble

*Big salad one day, none the next.
Your INR jumps around.*



Vitamin K in leafy greens works against warfarin. The trick is steady greens, not zero. Eating about the same amount each week keeps your INR calm; feast-or-none swings make it jump.



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>



Save
Contact Info

Food, Alcohol, and Vitamin K

- Greens rich in vitamin K — spinach, kale, collards, broccoli, Brussels sprouts — fight warfarin. The goal is STEADY intake, not avoidance.
- Pick an amount of greens you enjoy and keep it about the same each week. A sudden feast or a sudden fast is what swings the INR.
- Green tea, some multivitamins, and certain liquid nutrition drinks also carry vitamin K. Tell us if you start or stop them.
- Cranberry juice and grapefruit can raise warfarin's effect in some people. Mention them if you use them often.
- Keep alcohol light and steady. A heavy drinking day can raise the INR and bleeding risk more than the same amount spread out.



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>



Save
Contact Info

Risks, Benefits, and Alternatives

Every choice has trade-offs. Use this table to start the shared decision conversation.

Option	Risks	Benefits	Alternatives
Warfarin (Coumadin)	A narrow safe range. Regular INR blood tests. Food, alcohol, and many drugs can shift the level. Bleeding is the main risk; clotting is the risk if the level falls too low.	Over 70 years of proven use. Low cost. The only blood thinner that works for a mechanical heart valve. Easy to reverse with vitamin K, and fully reversible in the hospital.	DOACs (Eliquis, Xarelto) for many people: https://go.riasalimd.com/eliquis-guide , https://go.riasalimd.com/xarelto-guide . No blood thinner (high clot and stroke risk).
DOAC — Eliquis or Xarelto	Costlier without insurance. Taken every day on time with no test to confirm it is working. A few drugs still interact. NOT safe for mechanical valves.	No routine INR tests. No food limits. Fewer brain bleeds than warfarin in large trials. Steady day-to-day effect.	Warfarin (needed for mechanical valves; cheaper). See our Eliquis and Xarelto guides: https://go.riasalimd.com/eliquis-guide , https://go.riasalimd.com/xarelto-guide .
A mechanical heart valve on warfarin	Lifelong warfarin with regular INR tests, often aimed at a higher range. Bleeding risk must be balanced against clot risk on the valve.	Strong, proven protection against clots forming on the valve. DOACs cannot do this job safely.	There is no safe drug alternative for mechanical valves. A tissue valve avoids lifelong warfarin. See: https://go.riasalimd.com/prosthetic-valve-guide .
No anticoagulation when it is needed	Much higher risk of stroke or a clot in the legs, lungs, or on a valve. These events can cause lasting harm.	No bleeding risk from a blood thinner. No tests to keep up with.	A blood thinner is strongly advised when the clot or stroke risk is high. We weigh your personal risks with you.



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>



Save
Contact Info

Common Misconceptions

Myth	Reality
Warfarin means I must avoid all leafy greens and vitamin K.	No. The goal is STEADY greens, not zero greens. Greens are healthy. We set your dose to match your usual diet. Trouble comes from big swings — a huge salad one day, none for a week — not from eating greens at all.
Warfarin dissolves the clot I already have.	It does not. Warfarin stops new clots from forming and stops old ones from growing. Your body slowly breaks down the clot on its own while warfarin holds the line.
If I feel fine, my INR must be fine — I can skip the test.	You cannot feel your INR. It can drift too high or too low with no symptoms at all, until a bleed or a clot happens. The blood test is the only way to know. Never skip a scheduled check.
A higher warfarin dose always works better.	No. More is not safer. Too high an INR causes dangerous bleeding. The aim is the safe middle zone — usually 2 to 3 — not the highest number.
The newer pills (DOACs) are better, so I should switch off warfarin.	For many people with AFib or leg and lung clots, that is a fair choice. But if you have a mechanical heart valve, warfarin is the ONLY safe option. Never switch without asking us first.
I can drink alcohol normally on warfarin.	Steady, light drinking may be fine. But a heavy drinking day can push the INR up and raise bleeding risk. Binge drinking is the real danger. Ask us what is safe for you.
Over-the-counter pills and herbs are safe because they are not prescriptions.	Many are not safe with warfarin. Aspirin, ibuprofen, naproxen, fish oil, vitamin E, ginkgo, and others add to bleeding risk. Show us every bottle, including vitamins and herbs.



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>



Save
Contact Info

Possible Complications

Knowing what can go wrong helps you spot problems early. Most complications are uncommon, especially with treatment.

Where / What	What Can Happen
Bleeding — the main risk	When the INR runs too high, bleeding can happen anywhere — the gut, the urine, the nose, or rarely the brain. A brain bleed is the most feared harm. Major bleeding happens in roughly 1 to 3 of every 100 patients each year, and the risk rises with a higher INR.
Clot or stroke if the INR is too low	If the INR drops below the safe range, the blood thinner is not doing its job. A stroke or a clot in the legs, lungs, or on a heart valve can form. This is why a low number matters as much as a high one.
Drug and food interactions	Warfarin interacts with more drugs and foods than almost any other medicine. Antibiotics, antifungals, amiodarone, many supplements, and big diet swings can all move the INR. Always tell us about every new medicine.
Warfarin skin necrosis	Very rare. In the first days of warfarin, a small area of skin can be harmed if protective proteins drop faster than clotting factors. We often start a faster-acting blood thinner alongside warfarin at first to prevent this.
Harm in pregnancy	Warfarin can harm a developing baby and is usually avoided in pregnancy. If you are pregnant or planning to be, tell us right away so we can switch you to a safe option.

Warning signs of bleeding — act fast.

A too-high INR means your blood is too thin and can bleed. **Call 911 or go to the ER** for: a sudden severe headache, weakness on one side, or trouble speaking; vomiting blood or coffee-ground material; black or tarry stools; or any bleeding that will not stop. **Call us the same day** for: red or brown urine, coughing up blood, large unexplained bruises, or nosebleeds that keep returning. After any fall with a head injury, go to the ER and tell them you take warfarin — even if you feel fine.



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>



Save
Contact Info

Points to Know

If you remember nothing else, remember these key points.

- The INR goal for most reasons is 2 to 3. For a mechanical mitral valve it is set higher, about 2.5 to 3.5. Know your own target.
- Take warfarin once a day at the same time. Never double up for a missed dose — skip it and tell us.
- Keep vitamin-K greens steady. Do not avoid them; just eat about the same amount each week.
- Get every INR test we order. You cannot feel a high or low INR — the test is the only way to know.
- Tell us before any new medicine, antibiotic, supplement, or herb. Many shift the INR.
- Call us 5 to 7 days before any planned surgery, procedure, or tooth pulling so we can plan to hold and restart it. See our Bridging guide: <https://go.riasalimd.com/anticoag-bridge-guide>.
- Limit alcohol and keep it steady. A heavy drinking day can push your INR up.
- Carry a medical ID and keep an up-to-date INR and dose log to bring to visits.



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>



Save
Contact Info

When to Call Us - and When to Call 911

If you are not sure, call. We would rather hear from you twice than miss a real problem.

- Bleeding that will not stop, or a large new bruise for no reason — call us today.
- Black or tarry stools, or vomiting blood or material that looks like coffee grounds — call 911 or go to the ER.
- Pink, red, or brown urine, or blood when you cough — call us today.
- Sudden severe headache, vision changes, weakness on one side, or trouble speaking — call 911 (stroke or brain-bleed signs).
- A fall with a head injury — go to the ER and tell them you take warfarin, even if you feel fine.
- New swelling, pain, or redness in a leg, or sudden shortness of breath or chest pain — call 911 (these can be a clot).
- A missed dose, a doubled dose, or any time you are not sure what to take — call us before guessing.
- Before starting any new medicine, antibiotic, supplement, or before any surgery or dental work — call us first.

Office: (727) 943-5200



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>



Save
Contact Info

Trusted Resources

The links below are the trusted resources Dr. Ali used to write this guide and that he recommends you visit for more information. Each is a clickable link in the digital version and a Short.io tracked URL on the printed version.

- [American Heart Association — A Patient's Guide to Taking Warfarin](#) - AHA patient education on INR goals, diet, and drug interactions.
- [MedlinePlus — Warfarin](#) - NIH plain-language drug information.
- [Cleveland Clinic — Warfarin \(Coumadin\)](#) - Patient-friendly drug profile and monitoring guidance.
- [National Blood Clot Alliance](#) - Patient advocacy and education on blood thinners, DVT, and PE.



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>



Save
Contact Info

Sources Used to Build This Guide

Every recommendation in this guide is grounded in one or more of the studies, guidelines, or trusted resources below. Short links are tracked so Dr. Ali can see which references patients are reading; nothing personally identifying is captured.

- [Cleveland Clinic — Warfarin \(Coumadin\)](#) [Patient-Education]
How warfarin works and INR monitoring
- [AHA — A Patient's Guide to Taking Warfarin](#) [Patient-Education]
INR goals, diet, and drug interactions
- [Mayo Clinic — Warfarin Diet](#) [Patient-Education]
Vitamin K, diet, and INR stability
- [MedlinePlus — Warfarin](#) [Patient-Education]
Plain-language warfarin drug information
- [2020 ACC/AHA Guideline for the Management of Patients With Valvular Heart Disease](#) [Guideline]
Mechanical valve INR targets (mitral 2.5 to 3.5; aortic 2 to 3); warfarin-only for mechanical valves
- [ACCP/CHEST Antithrombotic Therapy for VTE Disease \(2021 update\)](#) [Guideline]
INR target 2 to 3 for VTE and AFib; warfarin monitoring intensity
- [FDA — Coumadin \(warfarin\) Prescribing Information](#) [Drug-Label]
Mechanism (vitamin K factors 2, 7, 9, 10), bleeding risk, drug/food interactions, INR monitoring
- [MedlinePlus — Prothrombin Time and INR \(PT/INR\)](#) [Patient-Education]
What the PT/INR test measures and target ranges in plain words
- [National Blood Clot Alliance — Anticoagulants \(Blood Thinners\)](#) [Patient-Education]
Patient framing of warfarin vs DOACs, home INR testing, bleeding precautions
- [MedlinePlus — Vitamin K \(food sources\)](#) [Patient-Education]
Vitamin K food sources for the steady-greens guidance



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>



Save
Contact Info

About This Guide

Rias KS Ali, MD FACC | Board Certified in Interventional Cardiology & Cardiovascular Disease

4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com

Version: 2026-08-15

Reviewer note: Reviewed against AHA's Patient Guide to Taking Warfarin, Cleveland Clinic, and MedlinePlus. Ours adds: a plain-language INR safe-range dial, a steady-vs-swinging vitamin K visual, a condition-to-INR-target table (mechanical mitral valve set higher, 2.5 to 3.0), home INR meter guidance, and clear DOAC-alternative framing that flags mechanical valves as a warfarin-only situation.

Disclaimer

This guide is for educational purposes only and does not replace medical advice from your physician. Recommendations may not apply to every patient. Always follow the specific instructions of Dr. Ali and your care team. In an emergency call 911 or go to the nearest emergency department.



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>



Save
Contact Info

Take This Guide With You



Scan or visit: <https://go.riasalimd.com/warfarin-guide>

Online: <https://go.riasalimd.com/warfarin-guide>

Office: (727) 943-5200

4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com



Visit
RiasAliMD.com

This guide is educational only. Always follow your doctor's specific recommendations.
4740 Mile Stretch Drive, Holiday FL 34690 | Office: (727) 943-5200 | Fax: (727) 943-5201 | RiasAliMD.com
Online: <https://go.riasalimd.com/warfarin-guide>



Save
Contact Info